

1.2

**Maulik Siddhant avum Ashtang Hridaya**  
**(Basic Principles and Ashtang Hridaya- An ancient text of Ayurveda)**

**Theory- One Paper- 100 marks**  
**Teaching Hours -120 hours**

**Part A**

**60 marks**

Ashtang Hridaya Sutrasthana Adhyaya 1 to 15

**Part B**

**40 marks**

1. Ashtang Hridaya Sutrasthana Adhyaya 16 to 30
  2. Description of Ashta Prakriti
  3. Shastra Lakshan (Tantra), Tantraguna, Tantradosha, Tachitalya, Arthasraya, Kalpana
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